



ritambharā
retreat





Ritambhara Retreat offers an idyllic ashram or gurukulam setting for short duration programs, workshops and retreats allowing the participants an ideal opportunity to reflect, learn and grow through every moment of their stay and activity at the retreat. Located close to Bengaluru city, the retreat can accommodate groups of participants in its green campus. The entire campus is aesthetically designed and constructed with a visual access to a centrally located large banyan tree that symbolizes the fountainhead of knowledge.



Ritambhara and its symbol



The Swan is an enduring symbol of reflection and spiritual aspiration as it soars towards higher firmaments. The blue of the ocean and the sky symbolizes vastness and space that facilitates reflection. The touch of saffron signifies the wisdom that dawns in the process of awakening. Ritambhara Retreat is conceived as a place which allows one to pause and reflect, leading towards one's inner growth and transformation.



Our Guiding Principle

**Making Learning,
Reflection and
Sādhana
Accessible to All**

We believe authentic spiritual learning should remain accessible. The centre operates on principles of simplicity, sincerity, and shared responsibility—making residential retreats sustainable without becoming commercialised.

Facilities and Services

At Ritambhara, every space is thoughtfully designed to nurture reflection, learning, and inner wellbeing. Blending simplicity with comfort amidst nature, the retreat offers an environment where body, mind, and spirit find harmony.



Gathering Hall



Yoga / Lecture Hall



Shared Accommodations for Participants



Classroom with Audio-Visual Facility



Multipurpose Outdoor Hall



Library



Kitchen & Dining Hall



Goshala, and Green Ambience



Suitable For

- Yoga/ Vedanta/ Ayurveda/ Wellness Retreats and immersion programmes
- Trainings and capacity-building workshops
- Educational or academic residential modules
- Contemplative leadership programmes
- Small conferences focused on learning and dialogue
- Yoga teacher training
- Dharmic events and family get-togethers
- Puja and havan

Accommodation & Food

- Shared simple rooms
- Clean and comfortable facilities
- Freshly prepared sattvic vegetarian meals
- Meals are wholesome, nourishing, and aligned with mindful living.

Reaching the Venue

The Retreat, located just on the outskirts of Bangalore city, the venue is about 22 kms from Majestic Bus Stand and is accessible through Magadi Road and Tumkur Road preferably through own vehicles. The retreat centre is very close to 'Kamadhanu Kshetra' – a highly popular Raghavendra Swamy temple. It would take about an hour to reach the retreat venue from the heart of the city. All app-based taxis provide service to the venue. Madavara Metro Station on Green line is 8 kms away from the venue.

Supported by

INDICA



Ritambhara Retreat

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